

### *After the sealing of a dental crown or bridge*






Congratulations !

You have chosen to rescue or replace a tooth.

### *When the treatment was performed on*

#### ***(A) natural tooth/teeth***

Usually, a tooth that has been treated is at greater risk of decay recurrence than a healthy tooth. In the presence of a crown or a bridge, decay is the most like recurrence post treatment, but gum disease is also possible. In any case, you can prevent problems by adapting your habits:

-  ***Improve hygiene*** at least in the treated area.
-  ***Add the use of an interdental brush once a day at least*** between the teeth adjacent to the restoration.
-  Under a bridge, ***perform a daily rinse***. You can use a syringe filled with water or mouthwash.
-  ***A follow-up with your dentist is essential*** to maintain a long-term plan.
-  Every 2-3 months during 1 week, apply fluoride gel between the teeth using an interdental brush.