



After the sealing of a dental crown or bridge







Congratulations!

You have chosen to replace a tooth or several teeth.

When the treatment was performed on

Implant(s)

The risk of decay does not exist with implants. However, it is always possible that decay can affect the adjacent teeth which is why hygiene must be maintained. It is more likely to be gum disease that will threaten the implant-supported crown or bridge. To avoid any complications, we recommend that you:

-  ***Improve hygiene*** at least in the treated area.
-  ***Add the use of an interdental brush once a day at least*** between the teeth adjacent to the restoration.
-  Under a bridge, ***perform a daily rinse***. You can use a syringe filled with water or mouthwash.
-  ***A follow-up with your dentist is essential*** to maintain a long-term plan.
-  **Stopping smoking or reducing considerably improves the long-term prognosis of an implant**
-  Every 2-3 months during 1 week, you can ***rinse with a chlorhexidine-based mouthwash*** (available in a pharmacy: 20 ml at 0.2% for 60 sec., spit out without rinsing afterwards). Do not always use this product.